

District 49 Pitch Count Log

LEVEL: _____
 LEAGUE: _____
 TEAM: _____

Date: _____
 Time: _____
 Location: _____

PITCHER NAME	UNIFORM NUMBER	LEAGUE AGE	Draw an "X" through the number of the first pitch to each batter. Draw a "/" through every other pitch to that batter. Draw a "O" around the number of the last pitch in each half inning. Pitch Counts should be ANNOUNCED to BOTH Managers (Teams) at the End of each HALF INNING.																												# of Pitches Thrown	Threshold for Days Rest	# of Days Rest
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28			
CATCHER'S UNIFORM NUMBER:			Inning 1	Inning 2	Inning 3	Inning 4	Inning 5	Inning 6	Inning 7	Inning 8	Inning 9	Inning 10	Inning 11	Inning 12	Inning 13	Inning 14	Inning 15																

AGE	Pitches per Day
7 - 8	50
9 - 10	75
11 - 12	85
13 - 16	95

Pitches Thrown	Days Rest Required	Age Group	Divisions
66 or more	4 calendar days	14 and Below	Juniors & Below
51 to 65	3 calendar days		
36 to 50	2 calendar days		
21 to 35	1 calendar day		
1 to 20	No Rest		
76 or more	4 calendar days	14 and Above	Seniors
61 to 75	3 calendar days		
46 to 60	2 calendar days		
31 to 45	1 calendar day		
1 to 30	No Rest		

NOTE: A pitcher who delivers 41 or more pitches cannot catch that day.
NOTE: A catcher that catches 4 or more innings that day cannot pitch.
A pitcher may not pitch in three (3) consecutive days